

體格（健康）檢查說明：

On Physical (Health) Exams:

1. 配合職業安全衛生法第 20 條規定，雇主於僱用勞工時，應施行體格檢查；對在職勞工應施健康檢查。

Article 20 of the Occupational Safety and Health Act stipulates employers shall conduct a physical exam for recruits and health checkups for current employees.

2. 勞工應於到職前完成體格檢查：

中央主管機關指定辦理勞工體格及健康檢查之醫療機構，請至網站 <https://hrpts.osha.gov.tw/asshp/hrpm1055.aspx> 查詢。

Please visit <https://hrpts.osha.gov.tw/asshp/hrpm1055.aspx> for a list of medical institutions designated by central authorities for pre-employment physical exams.

3. 雇主對在職勞工，應依下列規定，定期實施一般健康檢查：

Employers shall conduct regular general health checkups for current employees pursuant to the following provisions:

(1) 年滿六十五歲者，每年檢查一次。

Once a year for employees 65 years old and above.

(2) 四十歲以上未滿六十五歲者，每三年檢查一次。

Once every 3 years for employees between 40 to 65 years old.

(3) 未滿四十歲者，每五年檢查一次。

Once every 3 years for employees under 40 years old.

4. 體格檢查及健康檢查項目：

國立中興大學環境保護暨安全衛生中心

National Chung Hsing University Occupational Safety and Health and Environmental Protection Center (SHE Center)

Tel: 04-2284-0589#9 Fax : 04-2285-4142 E-mail: sahc@nchu.edu.tw

Physical Examination/Health Checkup Items:

<p>新進人員一般體格檢查項目 General Physical Exam For New Recruits</p>	<p>在職勞工一般健康檢查項目 General Health Checkup For Current Employees</p>
<p>1. 作業經歷、既往病史、生活習慣及自覺症狀之調查。 Review of work experience, medical history, lifestyle habits, and subjective symptoms.</p> <p>2. 身高、體重、腰圍、視力、辨色力、聽力、血壓及身體各系統或部位之理學檢查。 Physical exam of height, weight, waistline, eyesight, color vision, hearing, blood pressure, and other body systems or parts.</p> <p>3. 胸部X光（大片）攝影檢查。 Chest (large film) X-ray</p> <p>4. 尿蛋白及尿潛血之檢查。 Proteinuria and hematuria tests</p> <p>5. 血色素及白血球數檢查。 Hemoglobin and white blood cell count</p> <p>6. 血糖、血清丙胺酸轉胺酶(ALT)、肌酸酐(creatinine)、膽固醇、三酸甘油酯、高密度脂蛋白膽固醇之檢查。 Blood glucose, alanine transaminase (ALT), creatinine, cholesterol, triglyceride, and high-density lipoprotein cholesterol tests</p> <p>7. 其他經中央主管機關指定之檢查。</p>	<p>1. 作業經歷、既往病史、生活習慣及自覺症狀之調查。 Review of work experience, medical history, lifestyle habits, and subjective symptoms.</p> <p>2. 身高、體重、腰圍、視力、辨色力、聽力、血壓及身體各系統或部位之理學檢查。 Physical exam of height, weight, waistline, eyesight, color vision, hearing, blood pressure, and other body systems or parts.</p> <p>3. 胸部X光（大片）攝影檢查。 Chest (large film) X-ray</p> <p>4. 尿蛋白及尿潛血之檢查。 Proteinuria and hematuria tests</p> <p>5. 血色素及白血球數檢查。 Hemoglobin and white blood cell count</p> <p>6. 血糖、血清丙胺酸轉胺酶(ALT)、肌酸酐(creatinine)、膽固醇、三酸甘油酯、高密度脂蛋白膽固醇之檢查。 Blood glucose, alanine transaminase (ALT), creatinine, cholesterol, triglyceride, and high-density lipoprotein cholesterol tests</p> <p>7. 其他經中央主管機關指定之檢查。</p>

Other tests designated by central authorities.

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備註：

Notes:

1. 上述之檢查項目源自勞工健康保護規則附表八一般體格檢查、健康檢查項目之規定。
The above inspection items are derived from the general physical examination and health examination items in Schedule 8 of the Labor Health Protection Regulations.
2. 勞工對於上述之檢查，有接受之義務，違反者，勞動檢查機構得處新臺幣三千元以下罰鍰。
Workers have the obligation to accept the above inspections. For violations, the labor inspection agency may impose a fine of not more than NT\$3,000.
3. 查詢勞工體格及健康檢查認可醫療機構（網址：<https://hrpts.osha.gov.tw/asshp/hrpm1055.aspx>）
Inquire about medical institutions accredited for labor physical and health examinations.
Website: <https://hrpts.osha.gov.tw/asshp/hrpm1055.aspx>